

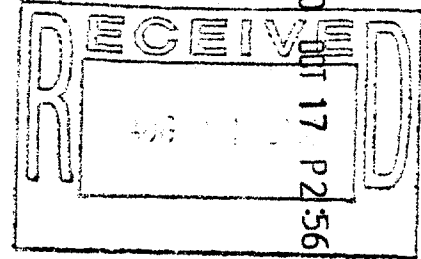
JARROW FORMULAS, INC.
SUPERIOR NUTRITION
AND FORMULATION

1824 South Robertson Boulevard
Los Angeles, CA 90035-4317
(310) 204-6936
Toll Free (800) 726-0886
FAX (310) 204-2520

JARROW
FORMULAS

Monday, July 24, 2000

Division of Compliance and Enforcement/ONPLDS
Center for Food Safety and Applied Nutrition
Food and Drug Administration
HFS-810
200 C Street, S.W.
Washington, DC 20204
202-205-5229



Dear CFSAN:

Pursuant to Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act and Section of 101.93 of FDA's regulations, we hereby notify you that we are using the following statement(s):

(1) Name of Address of distributor:

Jarrow Formulas, 1824 South Robertson Blvd., Los Angeles, CA 90035

(2) Text of the statement(s):

Antioxidant Protection for the Brain: Acetyl L-Carnitine is a more bioavailable form of L-carnitine and is involved in many metabolic functions. As an antioxidant, acetylcarnitine protects neurons from damage caused by superoxide radicals. Acetylcarnitine is involved in other aspects of neuronal metabolism because its molecular structure resembles the neurotransmitter acetylcholine. Acetylcarnitine supplementation supports energy utilization by its effects on fatty acid metabolism in the mitochondria.

(3) Name of the dietary ingredient if not provided in the text of the statement:

Acetyl L-Carnitine

(4) Name of the dietary supplements

Acetyl L-Carnitine 250 (60 and 120 capsule sizes) and Acetyl L-Carnitine 500 (60 capsule size)

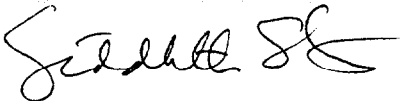
(5) The following disclaimer appears on the label in bold: These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

These claims are limited to, and a result of, what we believe to be a substantial body of scientific evidence supporting the functional role of these nutrients. A compendium of relative published research substantiating the above statement(s) is on file at the corporate office.

975-0162

L5828
71935

Respectfully submitted,

A handwritten signature in black ink, appearing to read 'Siddharth Shastri', with a stylized flourish at the end.

Siddharth Shastri, CCN

Vice President, Director of Product Development

Licensed Dietitian/Clinical Nutritionist, #002378

(by the University of the State of New York, State Board of Education)